

Impact & Annual Report 31 March 2019



KPC Youth & Community, Off Pyle Inn Way, Pyle, Bridgend CF33 6AB

Tel: 01656 749219/745399 info@kpcyouth.com www.kpcyouth.com Charity No: 1123339

Chair's Report

I want to introduce this newly styled 'Impact Report' by thanking my colleagues on the Management Board and our Project Development Manager Alison Mawby and Senior Youth Worker Karen Phillips for their continued commitment and support to this exceptional local charity.

In November of last year, KPC celebrated an incredible 20 years of serving the children, young people and families of the Kenfig Hill, Pyle and Cornelly communities. As well as extending wider services across the whole of Bridgend County Borough. This is quite an achievement for a relatively small charity and something that our founder Helena would have been extremely proud of today.

Each year I report the continual challenges that we have faced and this year has not been any different, however, we continue to explore all options for new ways of sustaining the charity and developing a new model of income generation. This type of transition can often take many months / years to develop fully, but I know that both the board and staff are absolutely committed to transitioning the charity into a sustainable and independent business that is fit for the future.

Each page of the report will provide you with some of the 'snap shots' and impact we have created over the past year. However, I would like to highlight some of our key achievements over this past year:–

- Celebrating 20 Years serving the Community, thanks to our dedicated staff and volunteers who have made this happen and to the many thousands of young people of who received our tailored support.
- Achieving the Silver Quality Mark in Youth Work in Wales – one of the first organisations in the Bridgend County Borough to achieve this. The quality mark is externally assessed through a rigorous process and provides confidence for organisations who work with us that our work is of an exceptionally high standard.
- 1000 volunteer hours over the past year! – without the dedication of volunteer board members and youth staff....it is clear our project would struggle to operate, so I would like to personally thank everyone who has volunteered regularly or just for one off events....It makes the difference!
- Six of our under 25's who have been working with our employability project staff (funded by a European Funded project) have now obtained employment through our support and two have entered further education, which are great outcomes for those young people

This year we have said goodbye to staff members Pete Ewings and Maggie Roberts who we thank for their input and wish them the best in the future. The Management Board are sorry to have lost a valuable Trustee in Paul Tunster, who has now moved out of the area. Thanks also go out to volunteers who provided support but have now moved on – Adam Cook, Allun Walter and Hannah Pottinger and we welcome new volunteers Molly Jones, Casey Merchant and Lee Isles.

I remain committed to doing everything that I can to ensure KPCs future, even though the challenge of sustaining the charity continues to get harder year on year. For everyone who has supported us over the year and for many years....Thank You so much, you are the reason why we all continue.....

Paula Lunnon
Chair

3/7/19

Our Team

NAME	TRUSTEE ROLE	NOTES
PAULA LUNNON	CHAIR/DIRECTOR OF STRATEGY	
LEWYS THOMAS	FINANCE DIRECTOR	
PAUL WILLIAMS	SECRETARY	
SANDRA COOK	DIRECTOR	
PAUL TUNSTER	DIRECTOR	Until Mar 19
GLYN WALLEN	DIRECTOR OF HR	From Feb 19

NAME	STAFF ROLE	NOTES
ALISON MAWBY	PROJECT DEVEL. MANAGER	
KAREN PHILLIPS	SENIOR YOUTH WORKER	
CERI DAVIES	DEP SENIOR YOUTH WORKER	
MARK HOLMES	SENIOR YOUTH WORKER MARLAS	
MATTHEW NICHOLLS	DEP SENIOR YOUTH WORKER	
RHYS ROGERS	PT YOUTH WORKER/A. SENIOR	
CARLY BEVAN	PT YOUTH WORKER/A. SENIOR	
ANDY LEWIS JONES	PT YOUTH WORKER	
NATHAN MORUZZI	PT YOUTH WORKER	
JUNIOR LEE	PT YOUTH WORKER	
LIBBY RICHARDS	PT YOUTH WORKER	
LISA PRITCHARD	PT YOUTH WORKER	
MAGGIE ROBERTS	PT YOUTH WORKER MARLAS	Until NOV 18
PETE EWINGS	PT YOUTH WORKER	SEP – OCT 18
BOBBY STRETCH	DIGITAL/TUTOR	
SHARON PALMER	DIGITAL/DELIVERY	
DENISE HUMPHREYS	CARETAKER	
JULIE DEEKS	CAFÉ WORKER	

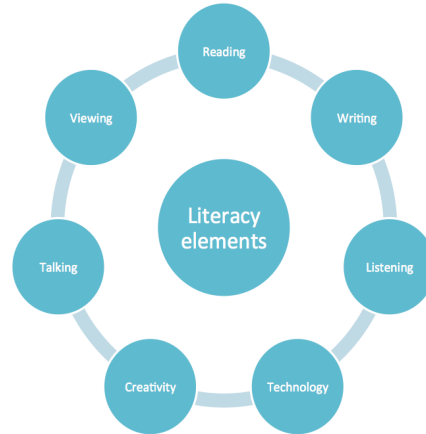
NAME	ROLE	NOTES
JEANETTE POWER	CAFÉ VOLUNTEER MARLAS	
LEE ILES	YOUTH WORK	
HOLLY CAMBELL	YOUTH WORK	
SAMEERA NEWTON	YOUTH WORK	
CASEY MARCHANT	YOUTH WORK	
HANNAH POTTINGER	YOUTH WORK	OCT – JAN 19
ALLUN WALTERS	YOUTH WORK	OCT – MAY 19
BETHAN RILEY	YOUTH WORK	Until AUG 18
ELERI THOMAS	YOUTH WORK	Until AUG 18
ADAM COOK	IT	Until OCT 18
AMELIA CAVAGHAN	ACCOUNTS	
MOLLY JONES	YOUTH WORK/CAFE	
DEXTER FLOOD	YOUTH VOLUNTEER	
CAMERON RICHARDS	YOUTH VOLUNTEER	
FFION THOMAS	YOUTH VOLUNTEER	
PHIL JONES	ROCK SCHOOL	

Employability Projects .. Impacts ...

#impact



8 adults received one to one support to develop their literacy skills, and 2 support with numeracy skills



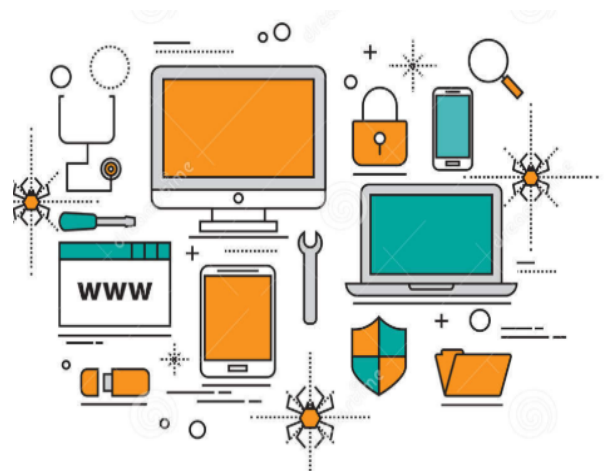
7 participants achieved their Level 1 in Health & Safety in Construction, with 6 also achieving their CSCS Labourer's Cards

10 participants developed their confidence in use of IT to be able to do their own job searches and applications

During 2018-19 we supported 57 individuals on their journey towards employment through help with improving/creating CVs, help with job searches/completing application forms and a range of accredited courses to improve their chances



6 under 25s received support in a range of areas and went on to secure employment, with 2 going on to access further education!



Wellbeing & Daytime Projects ...

#impact



Through partnership working we now have ARC (Assisting Recovery in the Community) Emotional Well Being & Advice drop in sessions here twice monthly - these provide a localised service to gain practical advice and information to help improve mental health & well-being

Our twice weekly rebound sessions help improve physical well-being and active lifestyles, as well as offering an informal non-gym type session, particularly aimed at those who may not attend a more formal setting. Over the year 20+ adults have benefitted from these sessions



Our Messy Play sessions are a chance for new mums/dads/grandparents to socialise, help reduce their social isolation, meet new friends and for their babies and toddlers to interactive, experiment with textures and get messy!



Supporting young people



"KPC has made a massive difference to both my boys—helped to develop their social skills and improved their confidence immensely, can't thank KPC enough"

Kim Morgan Collins—Parent



During 2018-19 approx. 300 youth members of our open access provision for ages 8+ received access to support, information, issue based workshops and a range of activities aimed at improving their well-being and promoting healthy & active lifestyles.

"I know that there is support here, whenever I need it—which is reassuring to me"

DW—Female Aged 13



Making a difference in young people's Lives

Case Study—Female Member aged 12

X has been struggling to engage positively with her peers over recent months. There has been quite a lot of conflict between her group of peers, which at times has been difficult to manage. Her emotions have been up and down where she has presented as angry and argumentative. Around 2-3 months ago I started a weekly challenge where I would ask young people to participate - mainly in pairs or in a small group. They have to work as a team to achieve the desired outcome and go head to head to win a prize. X and her group of friends were very keen to get involved in the weekly challenges. I feel by giving X the opportunity to work in a team, it has supported her to build better relationships with her peers and to recognise how working together effectively can have a positive outcome.

I have noticed that X's confidence has increased and there is much less conflict between the group. She also appears to be maintaining friendships and is more relaxed during group activities.

Carly Bevan—Youth Worker

Case Study—Alternative Curriculum Work within Local Schools

As part of role at KPC, I have been delivering many programmes in local schools, one of which is Anger Management and Emotional well-being. I enjoy school delivery as I believe youth work can have a profound impact on pupils who may be struggling in education. We are able to offer informal, focused sessions aimed at young people who may need extra support in smaller groups. This group was a small group of year 7-10 boys who had been identified by the school as getting in trouble, as unable to manage their own anger. One boy E was in year 10, and was on his last chance in the school and was described as kicking off all the time, flying off the handle. Meeting E, it was evident he was a highly charming, intelligent individual who felt he was seen as a nuisance. We worked with E as part of group, looking at emotions and how to be able to manage feelings and in particular feeling anger in situations in school and at home. We worked with them for 6 weeks, and tailored the sessions to the needs of the pupils. He was very vocal and honest about himself and through looking at situations and appropriate and inappropriate behaviour he was able to identify consequences of not managing his anger. He was also able to explore techniques of dealing with anger, and managing his own emotions, knowing it is okay to be angry, identifying what makes him angry and how to manage it. He was on his last chance warning, but really wanted to go to college but needed to be able to remain in school and get the grades for him to be able to get into the course for college. He was motivated enough to engage with us and try to address his own behaviour, which is key in these sessions. He completed the course, and I saw a real difference in him, how he acted, how he explained himself and suddenly a change in how he managed his frustrations. Being able to discuss, and identify emotions allowed him to explore them. His feedback at the end of the course was that he not been in any trouble since starting the course and he felt he now he more tools to help him in school and at home.

Recently I saw him in College, and he had finished school and got on the course he wanted. He was positive about the course and thanked me for helping him deal with issues. E said “.. I've not been kicked out since and I'm really pleased I got the chance to do the course.” It was in fact all down to him, as he was willing to open up and explore situations and feelings that he had, we had just allowed him the opportunity to really look at his behaviour and lifestyle. I felt a huge sense of satisfaction in seeing how he had managed to help himself develop and mature and that he had achieved his goal of getting to college and hopefully he will continue thrive. This aspect of my role is challenging but very rewarding. Karen Phillips—Senior Youth Worker

“At KPC I get to do things that I don't get a chance to do anywhere else (music room). Harvey (10)

Being part of something ... (& having Fun!)



"I have volunteered at KPC Youth & Community for 18 months. I have benefited greatly from my time as a volunteer and have increased in confidence. I have received constant support from staff, which has helped me to develop professionally. I have also developed strong working relationships with young people and supported their development. I have loved volunteering two nights a week and believe it has benefited myself and the organisation a lot". Holly—Volunteer Youth Worker

KPC After School Club for 5-7's



Our weekly after school club for ages 5-7 has benefitted 24 young people over the year—who have taken part in a range of activities designed to improve their communication skills, core skills, play skills and how to work with each other as well as having some much needed end of week fun! During the period of this report 10 of the After School Group have turned 8 and moved up into our open access provision for ages 8+! This becomes an easy transition for them and something they are excited about joining!

Our KPC Xtra Sessions

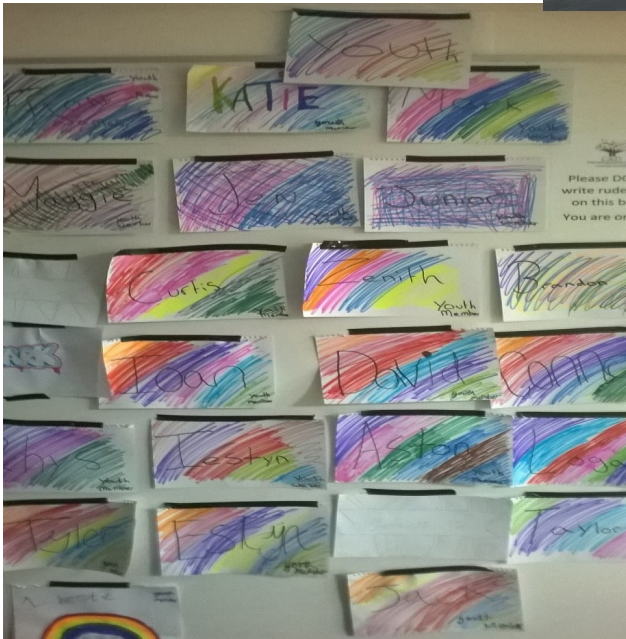


Through funding from the Active Young People's Department we have been able to run weekly smaller group sessions for members identified as benefitting from smaller group situations, to develop confidence, social skills, working together and also to take part in activities we are unable to offer in a large group setting. During the past year 8 young people have benefitted from these sessions.

"... I believe the sessions benefit H as it builds his confidence and he learns different skills like the cooking, and feels more confident as it's a smaller group than the normal sessions .." Parent of KPC Xtra Member



Supporting the young people of Cornelly through our Marlas provision ...

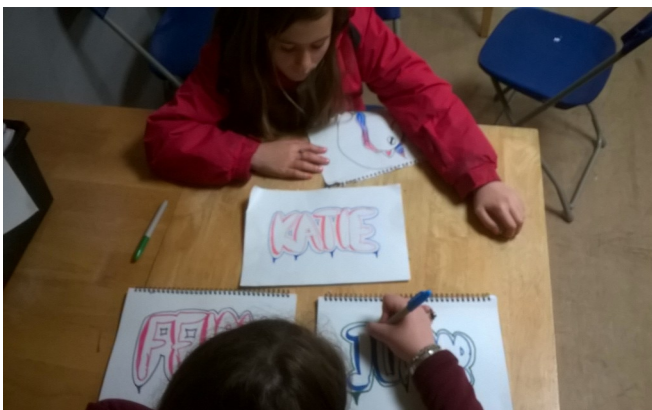


We are indebted to Cornelly Community Council for continuing to support our provision in Marlas, based in the CADDT building. This enables young people from Cornelly to have local access to a youth provision on two evenings per week.

During the past year young people have taken part in a range of activities including outdoor activities such as football, rugby, using the ramps, and inside activities such as PlayStation, table tennis, circus skills and play (den building and using the crash mats). They have also spent time learning “traditional” games such as dominos—something they may not have learnt at home.

More recently young people have begun to take part in rap/DJ-ing workshops, as well as arts projects, and graffiti art sessions.

Young people accessing the sports pitch next door to the CADDT building are also able to benefit from support from our Marlas team, to help with any issues/concerns and receive advice and guidance.



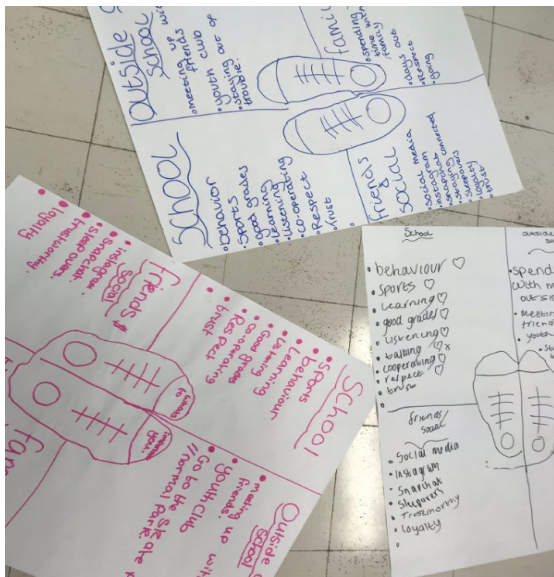
Targeted Work across Borough Wide Schools... Impacts ...



During the past year, our team have delivered a range of programmes within local Comprehensive Schools across the Borough and in Bridgend & Pencoed Colleges, including The Risky Behaviours Project, aimed at providing young people with an opportunity to participate in informative discussions and activities to increase their understanding of the concept of risk taking behaviour including drugs, alcohol, peer pressure, how to stay safe, and exploring the consequences, Anger Management and Emotional Well-being and Introduction to First Aid.

The projects have been supported by Active Young People's Department,

Massive thankyou to [@KPC_Pyle](#) for all the brilliant sessions over the last few weeks! Brilliant partnership. [@BridgendCollege](#) College.



Young People's Voice & Impacts to date



Our Youth Forum meets on a monthly basis to input on member's suggestions via the Suggestion Box, Surveys, and feedback received on what young people attending want from our centre! One year on, the Forum has made great progress, but still works hard on attracting new young people to be involved or have their say, whether through the Forum or in other ways.

"We want to brighten up our garden area and do environmental projects in it!"

Through support from Renew the garden project is now in progress!"



"The info on the sign into KPC needs updating so that the times are right ..."

Signs have been replaced with updated information

"We want to improve our park & make it safer—some items need to be removed due to Health & Safety"

The climbing frame has now been removed to make the area safe and we are working on securing funding to improve the park in a phased approach

"We want to improve our recycling/reducing our waste"

Young people made posters encouraging recycling/binning waste

"We want to encourage more young people to benefit from KPC"

Forum members held promote via flyers/"try KPC for free", via schools, and in local community

"We want to help prevent so much dog fouling in our community by distributing "poop bottles" "

Bottles have been collected and the project is being rolled out over the next month or so, we hope in partnership with Pyle & Cornelly Community Councils

"Let's have some BBQs in the Summer holidays and more external seating"

We secured funding to provide external benches and a portable gas BBQ!

Impacts of Support from our Volunteers ..

1000

Over one thousand amazing hours of volunteer time given to support our project , in various roles throughout 2018/19!

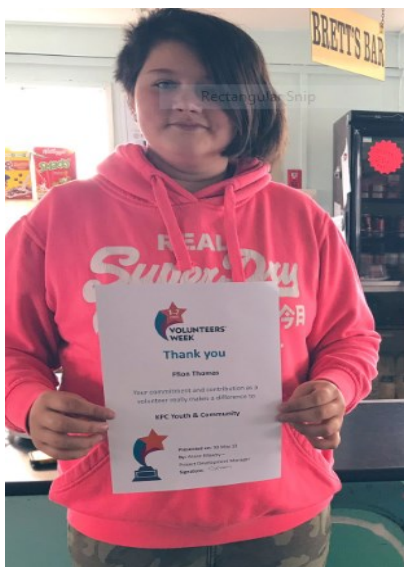
7 youth & community students have received valuable support , guidance and hands-on experience within young work as part of their degree courses through placements at KPC!



“The student placement programme at the centre demonstrates good practice and a clever use of a valuable resource. The students display an exceptional commitment to the centre which often results in them staying beyond their placement.”

Comment from : Quality Mark for Youth Work in Wales—Silver Award Report 2019

A few of our lovely Volunteers :) - Ffion— Youth Volunteer helps in our Café, Sameera & Holly support young people



Our volunteers have been able to access training to develop their confidence within their roles through:

- ◆ Induction
- ◆ Trustee Training
- ◆ Intro to First Aid Training
- ◆ Safeguarding Training
- ◆ Level 2 Youth Work Training
- ◆ Mental Health Awareness



KPC in our Community



Our Quarterly “Breakfast Get-Together” meetings have proved popular and beneficial and a great way to bring together local organisations who support our community to share what we do, share resources, information and celebrate the work we do. This also enables us to gain a better awareness of the good work being done in our community and for referrals to each other’s agencies, if this could benefit those we work with

Our young people take part in a range of community events to represent KPC such as the Remembrance Sunday Parade, putting up the Christmas trimmings at Llys Ton Resource Centre, and bag packing to help raise funds for KPC. In the Summer our Kindness Rocks Project even had our local MP and PCSOs taking part!

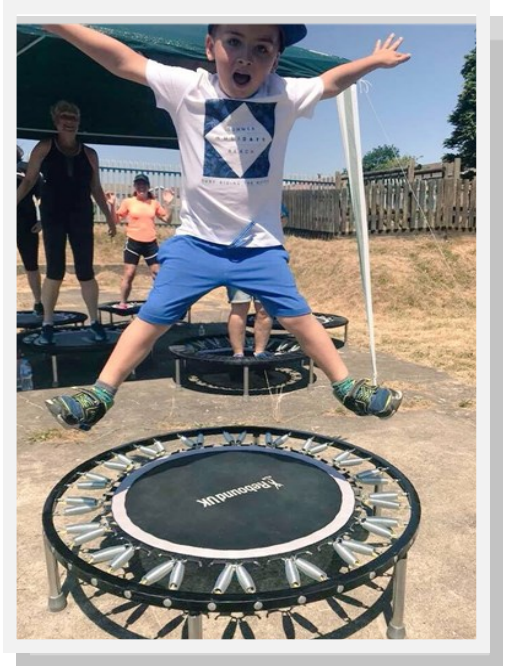


KPC is now a Referral Agency for Food Bank Vouchers to those in crisis locally!

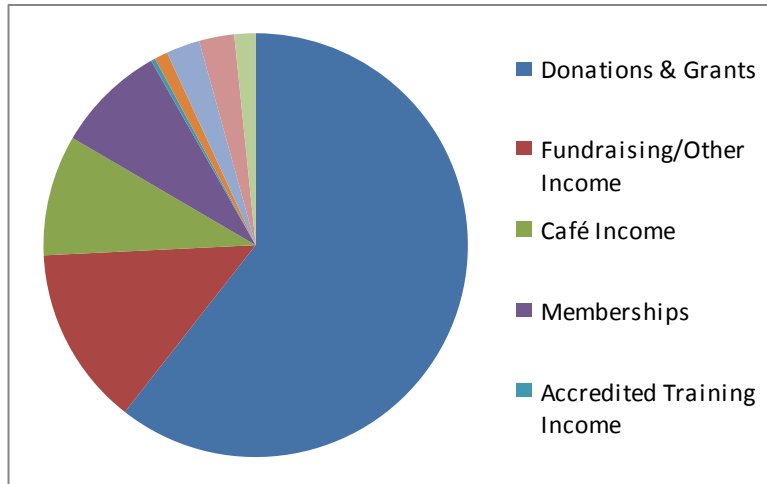


Impacts of your donations, grants & Support

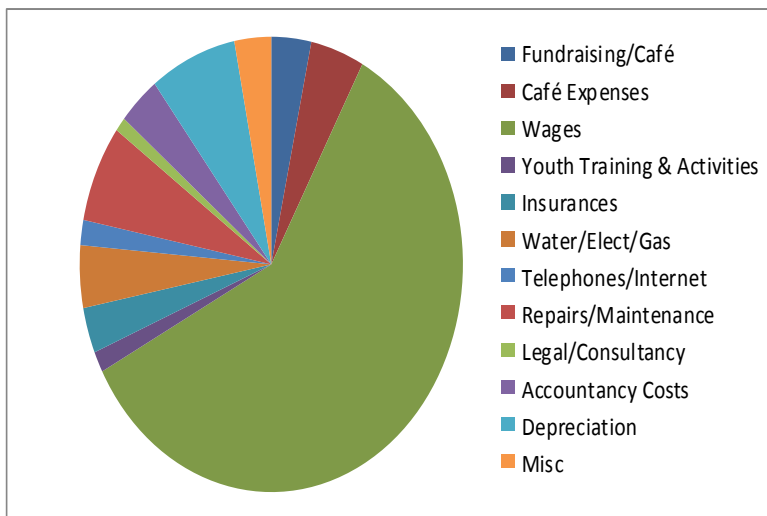
- ◆ Over 1000 hours of support for young people through our open access provision
- ◆ Over 200 hrs of holiday provision via our “Lets Get Active” Programme
- ◆ Over 300 young people being able to access support, guidance, and information for them to make informed choices in their lives
- ◆ Young people having access to issue based workshops covering topics such as relationships, substance misuse, bullying, internet safety, communication & team work, resilience, risky behaviours to give them better chances in life
- ◆ Supported a number of young people who have additional needs such as ASD, Autism, ADHD, and delayed verbal communication
- ◆ Volunteer opportunities for our youth members to develop themselves for their futures
- ◆ On site sports available nightly to encourage active and healthy lifestyles



How your money is spent & how we raise our income



Total Income 2018/19 = £136,963



Total Expenditure 2018/19 = £164,914

tal Income

Fundraising in our Community

Some of the ways we fundraise at KPC



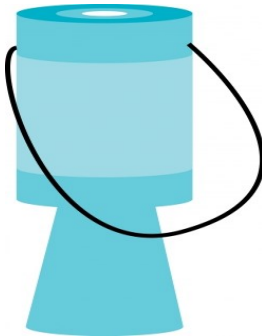
Just under £250 raised from our Book Stand at Co-op Porthcawl!



We raised £5898 via our EBay sales thanks to donations from supporters and our local community!



£3767 raised from our Charity Golf Day 2018—where 26 teams took part and helped us celebrate our 20th Charity Golf Day!



We raised £681 from the collection boxes out in our local community!

We also encourage our staff and volunteers and our local community to fundraise for us—such as the team led by Rhys Rogers—who ran the Cardiff Half Marathon to help support us!



Thank you's

KPC would like to extend thanks to all who “make KPC happen” - our Board of Trustees, our Staff, our Volunteers, and supporters. We also thank those who use and benefit from our provision for helping us develop the project for the future.

We thank our major funders: Children in Need, Active Inclusion (ESD), MSCT, and Third Sector Grant, who help to support the work we do.

In addition we are indebted to those who support us on a regular basis such as Porthcawl Lions, Whittinghams, E P Williams, S Davies, J Clark, CM Utilities, G D Jenkins, Andrew Singer & Win Griffiths.

We also thank everyone who support our fundraising campaigns—such as the Big Give—with particular thanks to our “Pledgers” for this year—without who we would not have got through to the 2nd stage: Hugh McAuley (Abril Waxing), Gerald Davies Ltd, Christine Eynon, Janice Tucker, Damien McCarthy, (John McCarthy's), Madeleine Moon (via IPSOS), Lions Club of Bridgend, Jeff Perren.

We also thank schemes like FareShare for helping us improve the lives of those in our community!

Thanks also to everyone who support our on-going fundraising—and have donated items for us to sell via EBay, brought books from our book stand at Co-op Porthcawl, donated to our collection boxes out in the community, brought raffles or supported events!, or entered our Charity Golf Day.



Achievements ...



KPC celebrated 20 years of working in our community and supporting young people and their families on 28 Nov 18, with an “in centre” event to mark this fantastic achievement, celebrated with supporters, past and present members and staff /volunteers



Ariennir gan
Lywodraeth Cymru
Funded by
Welsh Government

In 2018/19 KPC worked on and achieved the Silver Quality Mark for Youth Work in Wales—something we are very proud of and a marker for the quality of provision our staff and volunteers are able to provide to young people in our community