



IMPACT & ANNUAL REPORT

To 31 Mar 2020

KPC Youth & Community, Off Pyle Inn Way, Pyle, Bridgend CF33 6AB

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CHAIR'S REPORT



First, I want to introduce our Annual Impact Report for the past financial year and take the opportunity to highlight some key achievements and outcomes for the charity. It is a testament to our dedicated staff and volunteers that our membership numbers reached 326 young people with attendance on some evenings in the nineties!... thank you everyone who has made a difference to the lives of our young people. I would also like to thank our members and their families for their continued engagement and the opportunity for us to provide opportunities that can help their development.

In August of last year, our European funded projects for community employability initiatives ended, but as you can see from the report (Page 4) we were able to help with a range of activities to help people back into training or work. We are currently reviewing our strategy on the best way to support the community in the future, so we have currently restricted our offer of services until we know exactly what the needs of the local community are going forward. This will enable us to have clear strategies for children, young people and the wider community locally and across the Borough. This is even more pressing since the recent impact of the COVID crisis on all of our lives.

Our work with the Active Young People's Dept. (AYPD) across the schools in Bridgend (See Page 11) in some key Primary and Comprehensive schools demonstrates our ability to deliver to young people of different ages and needs across Bridgend County in more focused ways. Our Senior Youth Worker Karen has received excellent reviews for the activity programmes that she has designed....thank you and well done to Karen. Additionally the partnership work with Bridgend Council's EOTAS (Educated Other than at School) programme has helped with our income generation target while also providing more specialised work for young people (Page 11). A piece of work that Alison our Project Development Manager has worked hard on coordinating and enabled us to be ahead of our financial goals for this year... well done Alison!

I would like to thank those staff and volunteers who have moved on to new opportunities this year - Trustee - Lewys, Youth workers - Nathan, Junior, Libby and Holly, Volunteers - Jeanette, Sameera, Molly, Jaiy and Sion, Café Worker - Julie. And take the opportunity to welcome our new staff - Lee, Rachel, Jack, Ema and volunteers - Daniel, Laura and Katie. We also have a dedicated team of Youth volunteers who have really supported our work - Cameron, Tia, Ffiion, Reggie and Thomas... thank you, you should be very proud of yourselves.

The running of the charity is not possible without the dedication and commitment of my fellow board members and trustees... thank you for another year of support. Also, as a charity we are blessed to have some excellent supporters (listed on pages 19 & 20) without who we could not have delivered the services we have to children and young people... thank you and we look forward to continuing to work in partnership with you.

Last year's work was fortunately not affected by the recent coronavirus crisis and subsequent lockdown. We are now into July and the charity has remained closed to children since the end of March, with the majority of our staff furloughed under the Government's Job Retention Scheme. We have been remobilising very slowly and on limited hours, but most people will agree that the centre's ability to have children in to socialise and use the facilities has been our biggest attraction over the years. It is difficult to know at this time, what impact the closure is going to have on KPC going forward; however, as Trustees and Staff we will be doing everything we can to protect the charity and ensure that we can survive past the current crisis and grow for the future.

Thank you all for your continued support, take care and keep safe.

Paula
Chairperson



OUR TEAM @ 31 MAR 2020



Our Board Members: Paula Lunnon, Paul Williams, Sandra Cook, Glyn Wallen & Shadow Member Chris Best

Our Staff Team: Alison Mawby, Karen Phillips, Ceri Davies, Rhys Rogers, Carly Bevan, Matthew Nicholls, Mark Holmes, Lisa Pritchard, Bobby Stretch, Sharon Palmer, Denise Humphreys, Andy Lewis-Jones, Rachel Grigg, Lee Iles, Jack Elsbury, Ema Owen

Our Volunteers: Lee Iles, Laura Baker, Daniel Birch, Katie Pritchard, Amelia Cavaghan, Phil Jones

Our Youth Volunteers: Cameron Richards, Ffion Thomas, Tia Parobij-Tudor, Thomas Collier, Reggie Hyde-Jones



“ My name is Cameron but when I am in KPC some staff members often call me “Rigger”. I attended KPC for the first time when I was only 9 years old. Here I still am at the age of 16 years old. When I was only 13 years old I was asked by our Head Youth Worker Karen if I was interested in being a volunteer. This was something I couldn’t really understand why I had been asked. I was often making inappropriate comments as a member. When I became a volunteer in 2017 I often talked to members, helped them, served them sweets / drinks from the tuckshop. Here I am 3 years later doing the same job. I love coming to KPC 3 nights a week to see that members are safe, happy and always have a smile on their face. ”

Cameron
Age 16

“ I became involved with KPC whilst working with RSVP, and attending a meeting coordinated by the Council for a Joseph Rowntree Project - Communities that Care back in 2000. It was at one of these meetings that I met KPC founder Helena, who said they were looking for youth work volunteers at the centre. I was really impressed by Helena’s story and the sheer determination that she and the original trustees used to set up the charity, and began volunteering with KPC towards the end of 2000. Before Helena became ill, she had asked me if I could consider joining their trustee board - something I had never done before. I can’t recall exactly when I joined the Board but over the years have been involved from moving from an unincorporated charity to incorporation, and to secure long term acquisition of the land from BCBC, and taking on the role of Chair. I’ve now been part of KPC for almost 20 years as a volunteer, something that has always been a passion for me, and also because of my respect for what Helena had set up. ”

Paula
Chair

EMPLOYABILITY PROJECTS & IMPACTS



From 1 Apr to 31 Aug 2020, whilst funded under the ESF Active Inclusion Project, our team supported **33 Individuals** to help them on their journey to employment, through support with improving or creating their CVs, help with job searches, or completing application forms, as well as providing motivation and friendly accessible support.

3 Participants achieved qualifications to increase their Digital skills through Microsoft Digital Literacy Courses, Learn my Way, NOCN Productivity and NOCN Computer Basics and 6 received support in Basic IT skills.

3 Adults were also helped with literacy to skills on a one to one basis, to help them be more confident going forward and self-sufficient in their lives.

16 Participants were supported and achieved accredited training in H&S in Construction to help them achieve their CSCS Labourers Card - resulting in **4 Under 25s** achieving their CSCS Card and **12 Over 25s** gaining this much needed qualification to enable them to within construction. This work was supported through funding from Active Inclusion and also B&CE Charitable Trust, as well as this being offered on a paid basis to those wishing to gain the qualification, which also helps with the sustainability of KPC. Of those achieving the qualification 6 went on to secure full time employment.

33

Supported in job searches and creating or updating of their CV

6

Improved their Digital Literacy Skills

3

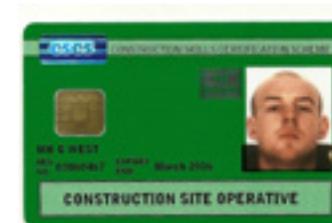
Received one to help support for their Literacy

16

Achieved their H&S in Construction Qualification

16

Achieved their CSCS Labourers Card



WELLBEING & DAYTIME PROJECTS



From April to July 2020 we run a fun and very “**Messy Play**” session each week a good chance for mums to meet with others, gain friendships and peer support, over a cuppa and chat, whilst their little one’s had the chance to explore new textures, play, and have interaction with others.



Our **Rebound sessions** continue to be popular with adults and our youth members a great way of exercising and improving well-being in an informal place and particularly appealing to those who may not normally access a more formal gym, helping to develop the core and toning the whole body.



ARC (Assisted Recovery in the Community)

We were pleased to welcome ARC to our centre for bi-monthly drop in sessions for local community members to gain practice advice and info to help improve their mental health & emotional well-being.

WELLBEING & DAYTIME PROJECTS



Through our open access youth provision for ages 8+ young people were able to take part in a huge range of activities, support and information to help them make more informed choices in their lives. We find that the activity is the actual tool to engage young people and from this relationships are formed, and trust built.

Our team provide good role models, listen to young people and help support them to make good decisions in their life and be the best they can.



We are also indebted to our partners who have supported our work and activities during 2019/20, including Sam of Eggseeds through funding from Renew Wales to support our Garden Project, Holly of RBI Wales for the baseball sessions, Wales & West Housing Association (WWHA) / Street games for supporting our dance sessions in summer 2019, Active Young People's Department (BCBC) for their support of activities and £2 Tuesdays in the holidays, Cycle Wales, British Transport Police / Network Rail and South Wales Fire & Rescue Service to name a few. These external partners help enhance what we offer to young people to give them the best experience and also to benefit from activities we may not be able to offer otherwise.



For 2019/20 we had 326 members aged 8+ on our membership coming from the local area, as well as from across Bridgend County and surrounds. In March 2020 (prior to having to close due to Covid-19, our attendance peaked at 97 young people attending on one evening! Our team have also undertaken outreach work in the local community to engage with those who don't access any provision, and also to support and build on our partnership working with our local PCSOs.

BEING PART OF SOMETHING AND HAVING FUN!

Just some of the activities and trips our young people have taken part in the last year, which for many may be something they would otherwise not experience and also is chance for them to be part of something, have fun and for some have some escapism from issues in their lives.



What is Youth Work?

The key purpose of youth work is to:



enable young people to develop holistically, working with them to facilitate their personal social and educational development, enable them to develop their voice, influence and place in society and to reach their full potential.



Youth work national occupational standards

OUR AFTER SCHOOL CLUB FOR 5-7's



On average we had 20 young people attending these sessions, which are supported by our staff, adult and youth volunteers.

Our **After School Club** which runs on a Friday after school provides a well earned end of week treat for children aged 5-7, where they can have fun, learn to mix with others, develop social skills and be part of a fun.



KPC EXTRA

From April to August 2019, thanks to funding from the Active Young People's Department (AYPD) of BCBC, we were able to support a small cohort of young people who were identified by our staff as needing support with social skills, friendships, building on confidence and skills. This group took part in a wide range of activities including cookery, workshops, surfing and trips out to build on their experiences and social development.

During this project a total of 12 young people benefitted from these additional activities which could not be run as part of our normal open access sessions and showed development in their social skills, working together and general communication skills.



SUPPORTING THE YOUNG PEOPLE OF CORNELLY THROUGH OUR MARLAS PROVISION

Our **Marlas provision** continued to run until December 2019, kindly supported and funded by Cornelly Community Council. Unfortunately in December 2019 we had to vacate the provision we were running at the CADDT Building in Marlas. From January onwards we have been providing a minibus service up to KPC for members who were accessing the provision, to ensure they are still supported and have access to a local provision.

“*Our Marlas provision provided young people with a local provision which had chill out areas, variety of workshops inside and outside, supporting young people through difficult periods. The provision helped reduced youth anti-social behaviour and also provided some of the traveller community somewhere to access. Young people attended the centre a lot and appreciated that we opened the building for them.*”

Mark
Senior Youth Worker Marlas



WORK OUT WEDNESDAY PROJECT

“*During a Wednesday evening session, I had been holding a “Work out Wednesday” fitness session where around 10 YP male and female inclusive voluntarily participated.*

After a few months of continuous participation of the same members, they all, in no particular order, took ownership of which exercises and which sequence to do those in.

Working between them, they identified that after working a particular area of the body, a different part of the body should be used to give the previous a rest. Some were very keen and seemed to be getting stronger, some were apprehensive but still took part regardless.

Word had gotten out about these sessions and pleasantly surprising, a former member had decided to join in with the sessions. After a conversation about the reasons for attendance, a rationale was given about deciding to join the armed forces and needed help with their fitness. This member took responsibility for their actions and actively searched for help and guidance to improve their fitness. I think it is important to add that I am a qualified Gym Instructor with the relevant knowledge to instruct participants on techniques of correct posture to avoid injury.”

MH

TARGETED WORK ACROSS BRIDGEND COUNTY SCHOOLS & IMPACTS

Since September 2019 we have supported a range of Wellbeing projects across both primary and comprehensive schools across the Borough to support a range of projects including:

Primary Schools Project: working with 3 primary schools to provide well-being programmes for children identified as struggling, disruptive or who have issues that affect their well-being - **32 pupils supported**.

Plan UK Project: this is delivered to Year 9 pupils under the Champions of Wales project and delivered separately to male & female pupils - **18 young people supported** (Plan International UK is the UK branch of the global children's rights non-profit organization Plan International, which works to advance children's rights and equality for girls all over the world).

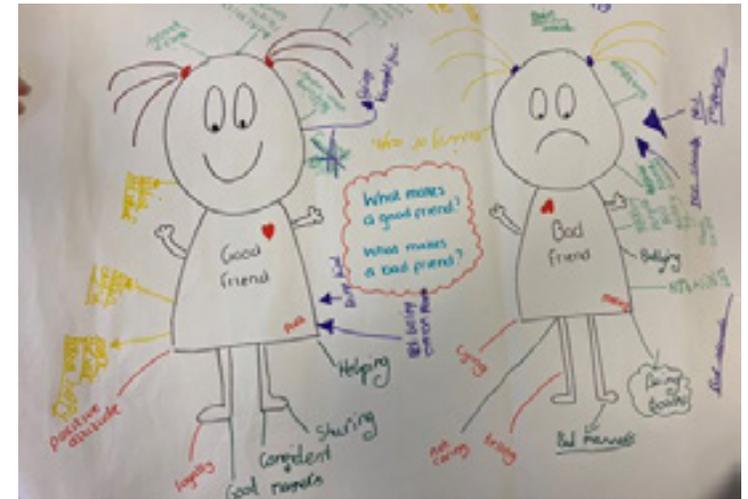
Young Carer's Breakfast Group: working with young carers and supporting their needs in a weekly session - **30 young people supported**.

Girls Well-being Group: working with girls identified by their school, who need extra help with their mental health & relationships - **16 young people supported**.

Ascent Project: This new project works with male Year 9 pupils in comprehensive schools within the Borough, and delivers a well-being project aimed at mental health and wellbeing, as well as encouraging physical activity.



Exploring our anger gremlins, discussing triggers, behaviours and how our body reacts and feelings with Pencoed Comprehensive pupils



Exploring friendships with Ffaldau Primary - what makes a good or bad friend, what qualities we look for in a friend and what we bring to a friendship. Pupils learnt more awareness of what well being means and how to ask for help if needed. Also fed back they feel they know what makes a good friend and how to deal with negative situations.

EOTAS at KPC

New for 2019/20 was the use of KPC for daytime provision by Let me Play (LMP) for a small cohort of the Borough's EOTAS Provision (Educated other than at school). The small group of around 8 pupils attended our provision to undertake a BTEC in Sports, with support from KPC for one to one literacy & numeracy sessions. In addition KPC provided one to one support to pupils attending the Ysgol Bryn Castell (YBC) provision to support them with one to one sessions on numeracy, literacy and alternative curriculum packages such as Succeeding within Education, Employment & Training (SWEET) and BTEC. Our provision suits pupils who struggle with the more formal educational settings, and they can also benefit through use of our multi-sports court and IT suite.

YOUNG PEOPLE'S VOICE AND IMPACTS TO DATE



Members attending and taking part in the **Bridgend Youth Support Networks Youth Conference** had the chance to have a voice on what it's like to be a young person living in Bridgend County, take part in workshops on social media and have their say. Throughout the year members have also been encouraged to take part in a number of online consultations to give their perspectives.



We have a small number of **Youth Forum** members, but have found a better way of consulting and gaining feedback from our members are informal chats / consultations and also our Suggestion Box and ensure they can see that we are listening to their views and where it is possible implementing their ideas.



Members taking part in a consultation at KPC Feb 2020 on what they like, what they'd change and any ideas for KPC!

Some of the ideas from our youth members, which are now in action:

- Membership loyalty cards - get a free night on every fifth attendance (great take-up for this!).
- Xmas party at KPC - you said, we did and great fun we had too :)
- You had concerns about dog poo locally, so the dog poo project happened in Summer 2019.
- You wanted a better bike / bmx track - with support from Wales & West Housing Association (WWHA) Community Teambuilding day, we made great improvements to the track.

MAKING A DIFFERENCE TO YOUNG PEOPLE



Through funding from the Third Sector grant we have been able to provide advice & information to our members on a range of issues which impact their lives, such as those above, demonstrating the complexity of need and wide range of support and guidance given. Some of these issues were multiple / applied to more than one young person. Some had regular one to one support sessions if an on-going issue. Referrals were made to specialists agencies as required.



As part of our Children in Need funding for our “About Me” project, regular workshops are held to address issues impacting on their lives to help them become more resilient and develop coping mechanisms.



Pyle Neighbourhood Policing Team continue to have great links with KPC Pyle. We are always made to feel extremely welcome. PCSOs regularly attend the sessions in the evenings as well as the fantastic school holiday provision and after school club, which are an invaluable asset to the community.

KPC have provided a great opportunity for the PCSOs to engage and build relationships with the youths that attend. It has also provided a good platform for us to speak to the children about current day to day issues in a relaxed environment. We have had discussions and provided material in relation to important topics which include knife crime, drugs, online safety etc.

When we have experienced issues out in the local community in relation to Anti-Social Behaviour, KPC have helped us enormously by providing us with free entry tickets which have been used to direct youths to the club. Youth workers have also offered to assist with outreach work. We look forward to continuing with this partnership work.



PCSO Jo Robey

CASE STUDIES & COMMENTS

“ B has been attending KPC since he was able to come to After School Club (5-7).

He attends the local primary school next door. B struggles in social situations and lacks awareness and communication skills to be able to relate to peers and take part in group activities. An example of this is unable to cope with losing in a game designed at team work. He was unable to deal with his emotions or understand the terms set out in each session. This caused him frustration and also led to a gap in him being able to play with others. His peers felt uneasy around him and his lack of control or able to follow instructions. Staff worked with him regularly, often in contact with parents as they felt to exclude him would not help him develop any skills necessary to be socially active.

When he turned 8, he attended the members session and again this was quite evident in his behaviour and actions. He often struggled to take part due to his nature and others often felt it was easier not to include him. He enjoys staff attention and one to one, but needed to develop his skills to be able to interact with peers. He was identified as a young person who would benefit from a smaller group session (our KPC Xtra Session) and attended once a week, with 7 other members. Again the same issues occurred and although it was less it was apparent he was not able to play without the support of staff.

B enjoys art and making things, but prefers to do this on his own. Staff decided to use art and crafts as a way for him to express himself and take part. This became an ongoing project where he could make things for events, such as Christmas. Through this project he gained confidence in talking and eventually to others his own age. He allowed them to take part and work together, which built his self esteem and communication skills. We have gradually seen some progress where he is able to make friendships and develop these. He will now take part in group activities and games, but still has to learn how to follow instructions and how it works in terms of expectations. He regularly attends sessions and his siblings are also members (in different age groups). The school holidays has allowed him to attend more and is more activity based which has helped too. B is learning boundaries and his place in the world, without letting his frustrations control his actions.

With ongoing support and communication with his family, B will be able to form relationships and connect with peers which he may not have been able to. His mother constantly comments on how much he loves coming and that it is used a carrot at home for behaviour. ”

KP

“ KPC means meeting with friends, having fun in a safe & nurturing environment, my boys so miss the place. ”

Parent
of KPC Members

“ This is what KPC means to me - it means it is a place where I can go to have support and have friendly and sensible conversations with staff or members my own age. It has been a huge part of my life and the staff at KPC always know if I am not myself and if I need support, even though I don't tell them I need support from them in the first place. ”

Member
Aged 16

IMPACT OF SUPPORT FROM OUR VOLUNTEERS

650

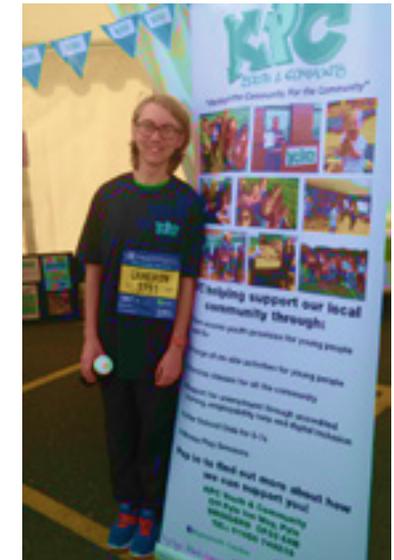
Total number of hours given by our fantastic youth volunteers!

850

Hours given by our amazing adult volunteers and placement students!

600

Hours given by our small but dedicated team of Directors / Trustees during 2019/20!



KPC offers a range of volunteering opportunities, from becoming a Trustee / Director and helping with the strategy of our charity to café worker positions, youth work positions, fundraising and more!

In addition KPC offers students placements in Youth & Community Work or Childcare placements where they can gain invaluable first hand experience of the role, gain the hours needed as part of their course and be part of our fantastic team!



I love volunteering in KPC because it is really fun helping out as it is quite an easy job and it is really fun, I enjoy co-operating with the children and other workers because it helps me build confidence when speaking to people and giving my opinion, volunteering in KPC helps me deal with stress because I can talk to other workers about my problems. I also love volunteering because I know I'm helping people and doing them a favour.



Tia
Aged 13



Whilst undertaking my degree I have found placement in KPC youth. The facility is second to none and the young people attending have a multitude of activities and equipment to keep themselves occupied. Between the multiple activity rooms and the outside areas there is enough to keep any child entertained. The staff have been more than welcoming, treating me immediately as part of the team. I would like to remain as part of the KPC family long after my degree is completed. Health and safety is paramount with regular reviews and training where needed, keeping the facility safe for all to enjoy.



Laura
Adult Placement Volunteer

KPC IN OUR COMMUNITY

Our members have been involved in many projects within the community including a few “regular” events such as; Representing KPC at the Remembrance Sunday Parade, decorating the local care home Llys Ton at Christmas, Pyle Festival Week, taking on the “Poo Bottle” initiative in the community supported by our local councillors and PCOs and also litter picking as part of our new project with Keep Wales Tidy / BCBC.

KPC is a hub where local groups can access equipment, and be part of the Love our Community initiative. Our Family Fun Day held last summer was a great success too, along with our Christmas Fayre and a great way for our community to see our facility first hand, and for us to contribute locally. Our Breakfast Get-Together Sessions held quarterly have proved to be popular and beneficial for info sharing, gaining knowledge of what support is in our community, and building contacts and local knowledge to better support those we work with.



IMPACTS OF YOUR DONATIONS, GRANTS & SUPPORT



After school members having fun on our newly refurbished play park equipment thanks to Women in Wales support

1200

Over 1200 hours of support for young people through our open access evening and holiday provision.

350

Approx. 350 young people aged 8+ supported through our open access provision.

24

Young people aged 5-7 were part of our After School Club - benefitting from a fun, end of week chance for play, developing social and communication skills.

97

Attendance peaked at 97 young people aged 8+ attending an evening session in March just prior to the Covid-19 closure.

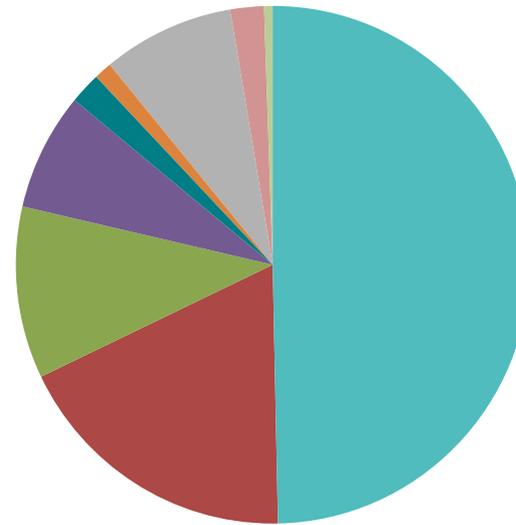
- Over 300 young people were able to access support, guidance and information to help them make informed choices in their lives.
- Young people benefitted from a range of issue based workshops including: Communication and Team Work, Risky behaviour, Rail Safety, Fire Safety, Substance Misuse, Relationships, Bullying, Healthy Eating and more.
- We were able to support a number of young people with additional needs e.g. ASD, Autism, ADHD and delayed verbal communication.
- We were able to develop the skills of some of our older members through volunteer opportunities.
- We were able to promote and encourage active and healthy lifestyles.
- We were able to encourage pride in their local community through projects such as the litter picks, poo bottle projects, and taking part in local events to represent KPC.
- We were able to give young people alternatives to hanging out on the streets, and provide a safe, fun and engaging project, with positive and encouraging role models.

HOW YOUR MONEY IS SPENT & HOW WE RAISE OUR INCOME



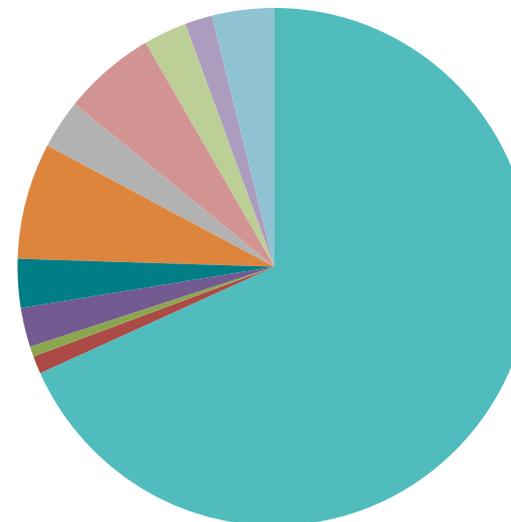
Some great support from Wales & West Housing (WWHA) under their staff training day scheme to support the refurbishment of our Bike Track

Total Income 2019/20 £172,776



- Grants / Donations
- Fundraising
- Café Income
- Memberships
- Accredited Training Income
- Interest
- Repairs
- Printing
- Misc

Total Expenditure 2019/20 £163,181



- Wages
- Youth Trg & Activities
- Travel
- Rent, Rates & Water
- Insurance
- Depreciation
- Bookkeeping & Accountancy
- Misc
- Maintenance / Repairs
- Cleaning
- Utilities & Phone

FUNDRAISING FOR KPC



Fun & Fundraising at the Porthcawl 10K - big thanks to Team KPC for their amazing efforts!



Huge thanks to all who supported our Big Give Xmas Challenge 2019 - enabling us to raise just over £7K! Particular thanks to our pledgers and major donors: Deborah Davies, Hugh McAuley - Abril Waxing, Jeff Perren, Christine Eynon, Bridgend Rotary, Madeleine Moon (c/o Ipsos MORI), Lions Club of Bridgend, Youth Cymru, Bridgend Masonic, Driveshaft Services & Wernick / Pursey & Ball... not forgetting everyone else who so generously supported us :)



Our Charity Golf Day 2019 raised just under £2K. We thank all the teams who took part and hope to welcome them back for 2021.



Our EBay sales raised just under £5K for our charity. We thank all who donate items towards this from our local community.



Our book sales in the Co-op Porthcawl raised over £400 for us in the past year. Again we pass on thanks for donations and those who bought from the bookcase!

THANK YOU'S

KPC would like to again extend their thanks and indebtedness to all who help KPC continue and make things happen. Our Board of Trustees, our Staff, our Volunteers our supporters and of course our young people are the reason we continue doing what we do.

We want to extend our thanks to our major grant funders for the past year: Children in Need, Active Inclusion (ESF), Third Sector Grant, Street Games, Women in Wales, Cornelly Community Council, B&CE Charitable Trust, along with both individuals, businesses and groups within our community who support our work.

In addition we would like to those who support us on a regular basis, and have done for many years: Porthcawl Lions, Whittingham's, E P Williams, S Davies, J Clark, CM Utilities, G D Jenkins, A Singer and W Griffiths.

Not forgetting those who supported our fundraising campaigns such as the previously mentioned Big Give Xmas Challenge - without your generosity we would not be able to achieve what we do.

We also show appreciation to those who give their time to us in kind to help us deliver or improve our project, along with other agencies who support us in the holiday schemes such as; BCBC's Active Young People's Department, Network Rail / British Transport Police, Wales & West Housing Association, South Wales Fire & Rescue, our local PCSOs for their on-going support and all who have contributed to bringing in new activities to our centre. Thanks to all who have attended our Breakfast Get Together sessions through the year and helped us form better links with each other, and have more awareness of what's happening in our local community.

We value schemes such as FareShare, Bridgend Food Bank and Keep Wales Tidy / BCBC for helping improve the lives of those in our community. We also thank those who support and provide guidance us such as BAVO, CWVYS, Promo Cymru and the Cranfield Trust.

Also we would like to thank everyone who supports our on going fundraising and have donated items to us to sell on eBay, bought books from our stand at the Porthcawl Co-op, donated to our collection boxes out in the community, brought raffles or supported or taken part in our events - we really value your support.

