

What's happening at ...



October 2019

KPC
YOUTH & COMMUNITY

www.kpcyouth.com

WHAT'S HAPPENING AT KPC...

"LET'S GET ACTIVE"

OCTOBER HOLIDAY OPENING
Mon 28th Oct – Fri 1st Nov
We'll be **Open**
11 – 3 pm for 8+
£3.00 daytime entry for Members

Evening Open as Normal (£1)
(but just 50p if you've attended the
daytime session)
5.30 – 7.30 pm for 8-12's
12/13s Transition – 6.30 – 8.30pm
7.30 – 9.30 pm for Age 13+

 Kpcyouth Centre
 @KPC-Pyle



KPC Youth & Community Off Pyle Inn Way, Pyle, Bridgend CF33 6AB
Tel: 01656 749219 / 745399 • E-mail: kpcyouth@hotmail.com
Registered Charity No: 1125339

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£24 million raised 1.2 million users 100,000 causes

Time on Your Hands ... ?
Skills you can share?



KPC are re-exploring running a monthly repair cafe at the centre Thursday afternoons, & are seeking volunteers who are good at "fixing things". If you're interested & have some talents you can share with the community please get in touch!
info@kpcyouth.com or 01656 749219



Looking at a change of career—or to upskill your knowledge? Did you know that KPC run a range of accredited training such as Food

Hygiene, Safeguarding in Health & Social Care, Manual Handling, Customer Service Skills, IT & Literacy/Numeracy Support ... all at competitive rates. We are now also running the NOCN Level 1 Award in Health & Safety in Construction (needed to obtain a CSCS Card) most *Tuesdays— please contact the Centre for more info—01656 749219 or email us at info@kpcyouth.com (Next course runs 5 Nov— just £110 for a lifetime qualification!)



Need a New CV/or to update yours due to a change of career... ? KPC can offer a bespoke one to one, competitive CV writing service—please contact Sharon on 01656 745399 to arrange an appointment

15 ways to support KPC!

(Some absolutely FREE!):

- 1 **Donate unwanted clothes, hats & bags—so do a clear out for KPC!**
- 2 **Donate used postage stamps or old unwanted coins (foreign & UK)**
- 3 **Donated used ink cartridges**
- 4 **Contribute to our Collection Boxes out in the community**
- 5 **Set up a monthly direct debit to support us**
- 6 **Come along to any events we are holding**
- 7 **Donate unwanted items we can use for Raffle Prizes**
- 8 **Hold a sponsored event for KPC!**
- 9 **Support our Annual Golf Day**
- 10 **Do a Half-Marathon or Run for KPC!**
- 11 **Donate your unwanted books, DVDs and CDs (for our bookcase at the Co-op in Porthcawl)**
- 12 **Volunteer to help our youth or adult provisions!**
- 13 **When shopping on line use Easy Fundraising— and nominate KPC— as your chosen charity— www.easyfundraising.org.uk**
- 14 **Use Amazon Smile when shopping on Amazon! And again nominate KPC to receive a % on your Amazon purchases**
- 15 **Consider KPC for your room hire needs or buffets! We have a range of rooms available— particularly daytimes—and can do a fabulous buffet to meet your needs!**

To find out more about any of the above please call in or drop us a line— donations can be dropped in daytimes Tuesday–Friday and evenings Mon–Friday from 5.30 pm–9.30 pm



**KPC Youth & Community
Xmas Evening
& Xmas Fayre!**

Wed 27th
November
from 5.30 pm

FREE ENTRY!

An early chance to meet Santa!
Browse our Festive Stall! ...buy some gifts & get into the Xmas spirit! ALL WELCOME!

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£2 per week!

Could you donate the cost of one cup of takeaway coffee or tea per week to support KPC and help our sustainability?

Contact KPC for how you can make a difference!



Rebound Fitness!



Our rebound sessions are now held on
Tues evenings
6–6.30 pm
£2 per session



Did you know that KPC is now a Referral Agency for Food Bank Vouchers to those in crisis locally!
Please spread the word



Emotional Wellbeing Info & Advice Service

Gain practical advice & info to help improve your mental health & emotional well-being
Held at KPC every 2nd & 4th Wednesday of each month—next sessions:

23 October—1-2.30 pm
13 November – 1-2.30 pm
27 November - 1 –2.30 pm

No appointment or referral needed—
you can just turn up



Swansea City AFC Community Trust – Premier League Kicks Programme

Here at KPC for fun training sessions starting Fri 11th Oct
6.30 – 7.30 pm for ages 11/12
7.30 – 8.30 for 13+
Mixed Teams!



Open Access Youth Provision Pyle: Mon–Fri 5.30–7.30 pm—ages 8-12
12/13s 7–9 pm
(or 6.30–9 pm for extra 50p!)

7.30–9.30 pm—Ages 13+

Marlas Provision (CADDT) Cornelly:
Tues 7–9 pm 8+
Thurs 6–8 pm 8+



Pics from our last Breakfast Get-Together Meeting—all local businesses/groups welcome to come along for info raising & awareness of what's happening in our local community and informal networking opportunities!



For further information on the above or any other comments please contact:
Alison Mawby, Project Development Manager
KPC Youth & Community, Off Pyle Inn Way Pyle, BRIDGEND CF33 6AB
01656 749219/745399 www.kpcyouth.com